



HEALTH PLAN OF NEVADA
A UnitedHealthcare Company

11.15 PERINATOLOGY REFERRAL GUIDELINES
Contracted Group: Desert Perinatal Associates

Telephone Number	Addresses
(702) 341-6610	10105 Banburry Cross Dr, #430 Las Vegas, NV 89144
	3001 W. Horizon Ridge Pkwy Henderson, NV 89052
	5761 S Fort Apache Rd, Building 8 Las Vegas, NV 89148

The specialists will keep the referring OBGYN fully informed of their patients' progress with notes, letters, and phone consultations as needed. All recommendations of treatment will be coordinated with the OBGYN, so their continuing care of the patient will progress as smoothly and effectively as possible. The OBGYN is encouraged to call the consultant about any questions they have regarding the recommendations of the specialist for their patient.

Suggested Guidelines are general suggestions only and may be modified based on physician judgment in individual cases.

Prior to referring to Perinatology, an OBGYN should, at the very least:

- **Verify that the pregnancy is viable.**
- **Determine gestational age.**
- **Perform a basic anatomy scan.**

Typically, referral to a MFM specialist falls within the following groups:

- 1. Medical problems such as:**
 - a. **Diabetes**
 - b. **Hypertension**
 - c. **Autoimmune diseases**
 - d. **History of maternal cardiac or neurologic disease.**

- 2. Obstetrical problems such as:**
 - a. **Abnormal screening for aneuploidy**
 - b. **Twins or Triplets**
 - c. **History of term stillbirth**
 - d. **Confirmed intrauterine fetal growth restriction (referral after an ultrasound for growth has been performed in the OB/GYN office).**
 - e. **Polyhydramnios or oligohydramnios**
 - f. **Advanced maternal age.**

g. Genetic issues.

- 3. Fetal complications such as:**
 - a. Fetal congenital heart defect**
 - b. Fetal brain or spine defect**
 - c. Possible short limb(s)**
 - d. Other possible fetal congenital anomalies**

Of note: The following is NOT a reason to refer to a perinatologist:

- 1. Confirm viability**
- 2. Vaginal bleeding**
- 3. Decreased fetal movement (these patients should be sent to labor and delivery).**
- 4. Late prenatal care.**
- 5. Check growth of the baby.**
- 6. Check gestational age.**
- 7. Obesity without checking for viability, basic anatomy and gestational age**