Health Plan of Nevada Sierra Health and Life<sup>®</sup> A UnitedHealthcare Company 🗞

Behavioral Health HEDIS <sup>®</sup> Measure Overview						
Measure	Patient Population	Multiple Numerators		Compliance Requirements	Details*	
Follow-Up Care for Children Prescribed ADHD Medication <u>ADD-E</u>	Newly prescribed ADHD medication.	Initiation Phase 30 days of when ADHD medication was first dispensed. Continuation and Maintenance Phase 270 days following Initiation Phase	•	1 visit within 30 days of when medication was first dispensed (initiation). At least 2 follow-up visits within 270 days with <b>ANY practitioner</b> (9 months) after the initiation phase ended. (Continuation).	Age: 6-12 Telehealth acceptable: Yes	
Antidepressant Medication Management <u>AMM</u>	Major depression diagnosis and antidepressant medication management.	Effective Acute Phase Treatment (84d, 12w) Effective Continuation Phase Treatment (180d, 6m)	•	Remained on an antidepressant medication for at least 84 days or 12 weeks (Acute). Remained on antidepressant medication for at least 180 days or 6 months (Continuation).	Age: 18+ Telehealth acceptable: Yes	
Metabolic Monitoring for Children and Adolescents on Antipsychotics <u>APM-E</u>	Dispensed 2 or more anti- psychotic prescriptions.		•	Metabolic testing (blood glucose and cholesterol) within measurement year.	Age: 1-17	
Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics <u>APP</u>	Newly prescribed anti- psychotic medication dispensed <u>after</u> psychosocial care.		•	Documentation of <b>psychosocial care as first-</b> <u>line treatment.</u> Negative medication history (120 days prior to dispensed medication).	Age: 1-17 Telehealth acceptable: Yes	
Depression Screening and Follow-Up for Adolescents and Adults <u>DSF-E</u>	Members 12 and older that have a positive screening for depression.		•	Clinical depression screening using a standardized tool. Follow-up on a <b>positive</b> screen within 30 days with <b>ANY practitioner</b> .	Age: 12+ Telehealth acceptable: Yes	
Follow-Up After Emergency Department Visit for Substance Use <u>FUA</u>	ED visit with a primary diagnosis of substance use disorder (SUD), or any diagnosis of drug overdose.	7/ 30-day follow-up	•	Follow-up with <b>ANY practitioner</b> within 7 days/30 days of ED visit with a diagnosis of substance use disorder (SUD) or drug overdose.	Age: 13+ Telehealth acceptable: Yes	
Follow-Up After Hospitalization for Mental Illness <u>FUH</u>	Hospitalization for a principal diagnosis of mental illness/intentional self-harm.	7/ 30-day follow-up	•	Follow-up with a <b>mental health provider</b> within 7 days/30 days of discharge.	Age: 6+ Telehealth acceptable: Yes Mental health provider required: Yes	
Follow-Up After High-Intensity Care for Substance Use Disorder <u>FUI</u>	Members with a principal diagnosis of substance use disorder (SUD) from inpatient hospitalization, residential treatment or withdrawal management.	7/ 30-day follow-up	•	Follow-up with <b>ANY practitioner</b> within 7 days/30 days of ED visit with a principal diagnosis of substance use disorder (SUD) or drug overdose.	Age: 13+ Telehealth acceptable: Yes Principal diagnosis required: Yes	

\*Reported for both commercial & Medicaid populations unless otherwise indicated.

United Healthcare



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Behavioral Health HEDIS <sup>®</sup> Measure Overview							
Measure	Patient Population	Multiple Numerators	Compliance Requirements	Details*			
Follow-Up After Emergency Department Visit for Mental Illness <u>FUM</u>	ED visit with principal diagnosis of mental illness/intentional self-harm.	7/ 30-day follow-up	<ul> <li>Follow-up with ANY practitioner within 7 days/ 30 days of ED visit with a principal diagnosis of a mental health disorder or intentional self-harm and any diagnosis of a mental health disorder.</li> </ul>	Age: 6+ Telehealth acceptable: Yes Principal diagnosis required: Yes			
Initiation and Engagement of Substance Use Disorder Treatment <u>IET</u>	New substance use disorder (SUD) episodes in any setting.	Initiation: New SUD episodes with treatment within 14 days Engagement: New SUD episodes with evidence of treatment engagement within 34 days of initiation.	<ul> <li>Initiation of SUD treatment within 14 days of episode (inpatient, outpatient, intensive outpatient, partial hospitalization, telehealth, medication treatment). One treatment visit.</li> <li>Engagement of SUD treatment within 34 days of initiation. Two treatment visits.</li> </ul>	Age: 13+ Telehealth acceptable: Yes			
Pharmacotherapy for Opioid Use Disorder <u>POD</u>	New opioid use disorder (OUD) pharmacotherapy events.		<ul> <li>OUD pharmacotherapy events lasting at least 180 days.</li> </ul>	Age: 16+			
Adherence to Antipsychotic Medications for Individuals with Schizophrenia <u>SAA</u>	Schizophrenia or schizoaffective disorder dispensed anti-psychotic medication.		<ul> <li>Remained on anti-psychotic medication for at least 80% of the treatment period.</li> </ul>	Age: 18+ Telehealth acceptable: Yes			
Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia <u>SMC</u>	Schizophrenia or schizoaffective disorder and cardiovascular disease.		<ul> <li>LDL-C testing during the measurement year.</li> </ul>	Age: 18-64 Reporting Population: Medicaid only			
Diabetes Monitoring for People with Diabetes and Schizophrenia <u>SMD</u>	Schizophrenia or schizoaffective disorder and diabetes		<ul> <li>HbA1c AND LDL-C testing during the measurement year.</li> </ul>	Age: 18-64 Reporting Population: Medicaid only			
Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications <u>SSD</u>	Schizophrenia, schizoaffective disorder or bipolar disorder with antipsychotic medication dispensed during measurement year.		<ul> <li>Diabetes testing during the measurement year (HbA1c OR glucose test).</li> </ul>	Age: 18-64 Reporting Population: Medicaid only			

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This is not an exhaustive list of criteria as coding standardization and other behavioral health practices can impact compliance.



For more information scan the QR code or visit: <u>https://healthplanofnevada.com/provider/hedis-measures</u>